

How to Make Multiple Brain Builder Bottles

- Collect clean and empty water bottles. Make sure they have been open to the air and are completely dry on the inside. Remove the label.
- It is easier to put the treasures in first and the rice on top.
- Add in a variety of small objects that may include the following: (try to include at least 20 objects in each bottle. The highlighted objects should be in every bottle)
 - **Beads or buttons** of various colors, shapes and sizes (not white or gray as they don't show up)
 - **Animals** of any kind that will fit in the bottles; foam, erasers, plastic or even stickers of animals that you cut out of their sticker paper.
 - **Small birthday cake candle** (for young children to practice blowing)
 - **Feather**
 - Foam or plastic **letters** of the alphabet
 - **Snakes** (for practicing the "sss" sound)
 - Other bugs
 - Foam or plastic numbers
 - Piece of string or wool or paper clip
 - Colored marbles or smallest lego pieces
 - Tiny seasonal erasers (like valentines or easter ones, esp animals or shapes)
 - Small foam **shapes**
 - Sparkly things like beads or stars
 - Googly eyes
 - Sequins
 - Small jingle bells
 - Any other small things that can teach colors, shapes, counting, sound, but no candy! (or other food)
 - Only add enough rice to fill bottle half-way. We used a 10 kg bag of rice to make about 25 bottles.

Make sure to put multiples of some objects so you can work on the concept of matching and counting.

Make sure to put in objects of different size and color but from same category (beads, letters, shapes etc)

For older children add in more letters and numbers

- Put the lids on tightly
- Wrap the lids with Duckling tape so it can't come off
- Shake it,
- Wrap each bottle with the "how to play with a brain builder bottle handout" and secure with an elastic
- Have fun